

CONSIDERATIONS	SOLUTIONS/INSTRUCTIONS
Pregnancy/ breastfeeding, Cardiac Conditions, Anaesthetic Allergies, Auto- immune disorders	Seek doctor's permission to treatment for appropriate options.
Herpes Simplex	Do not perform treatment, treatment may be perform in non active conditions.
Isotretinoin	6-10 months post medication course
Anti coagulants	Reduce the use 2-4 days prior
Derma- fillers	14 days either side of the injections
Plastic surgery	4-6 months post surgical
Photo - Sensitisers	No sun exposure is permitted. 7-14 days prior to treatment
Cosmetic Surgery	Seek doctors permission. 4-6 months post surgical.
Botox, Dysport, xeomin	10 days either side of the injection
Laser resurfacing/ hair removal/ tattoo removal/ Radio Frequency (RF)	2-3 months of ablative laser or 2 weeks to 2 months for non ablative procedures
Intense Pulsed Light (IPL)	2 weeks to 1 month either side
Photo Dynamic Therapy	1-2 months either side of PDT
Dermabrasion, Deep peels, Injectables	2 months either side of procedure
Microdermabrasion, Dermaplaning, Superficial - medium peels, Electrolysis/diathermy	7-14 days either side of the microdermabrasion
Tattooing/ cosmetic tattooing	Treatment directly over tattoo should be avoid
Hair removal	2-3 days either side of the hair removal procedure
Spray tanning	7 days either side of the tanning procedure
Resurfacing agents, Retinoids, Antimicrobial agents, Bleaching agents	Products may be resumed 4-7 days post dermapen procedure